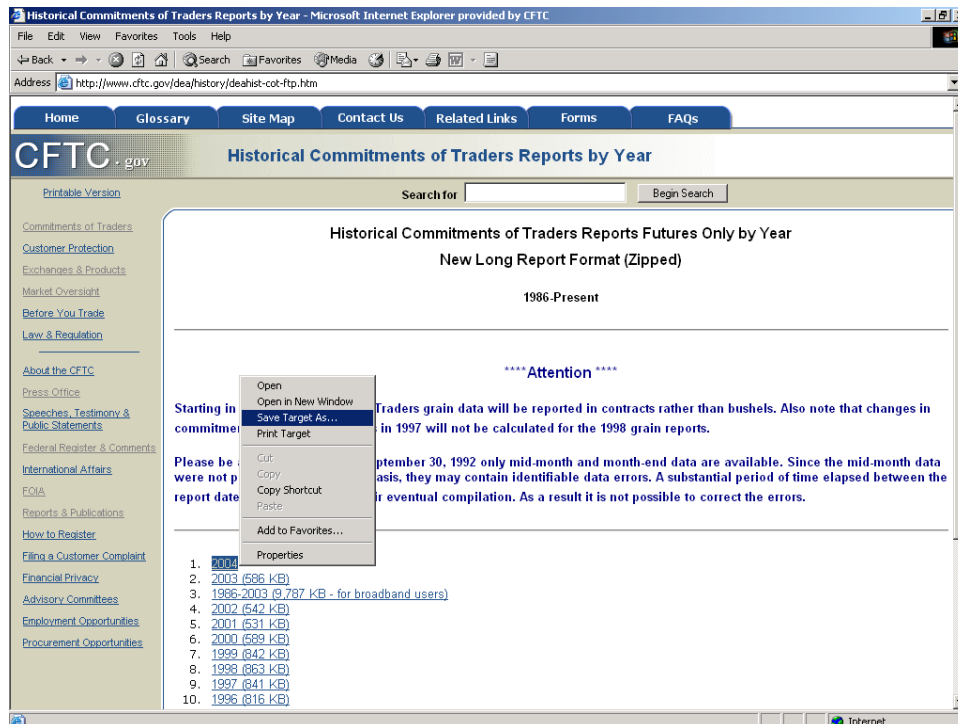
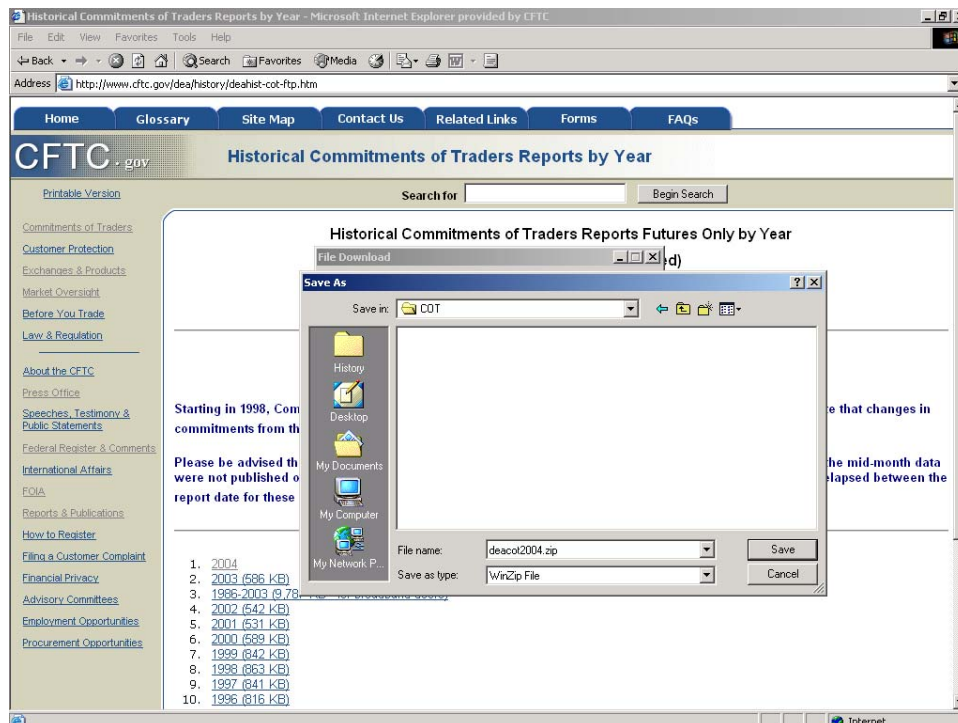


Instructions for viewing Historical Commitments of Traders Reports

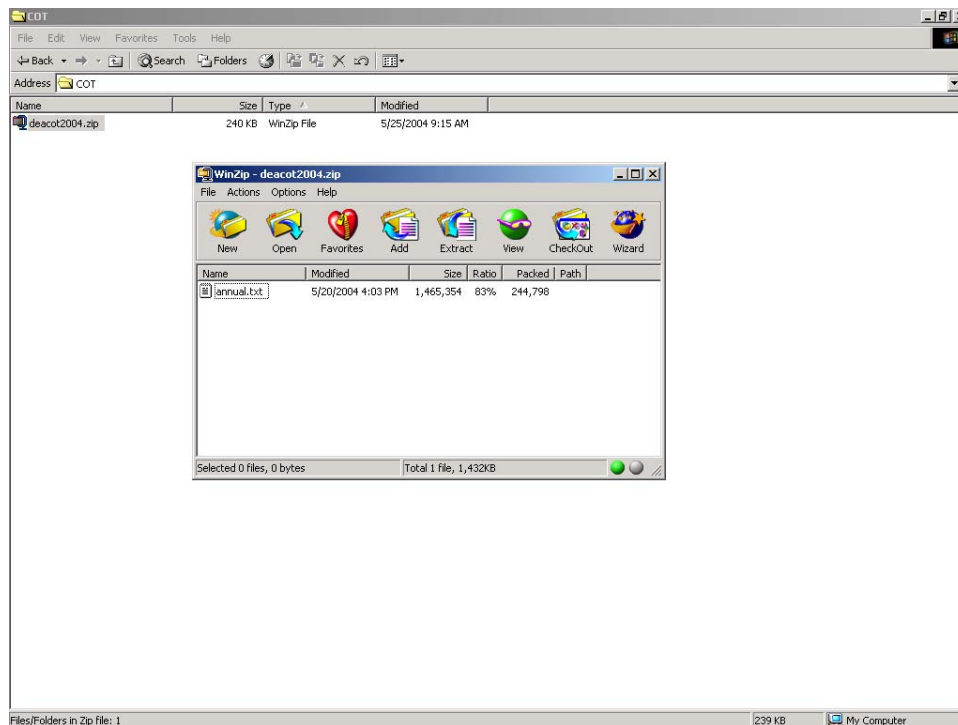
Select the year of your interest and right mouse button click on the historical COT file. In the pop-up menu that displays, click on “Save Target As...”



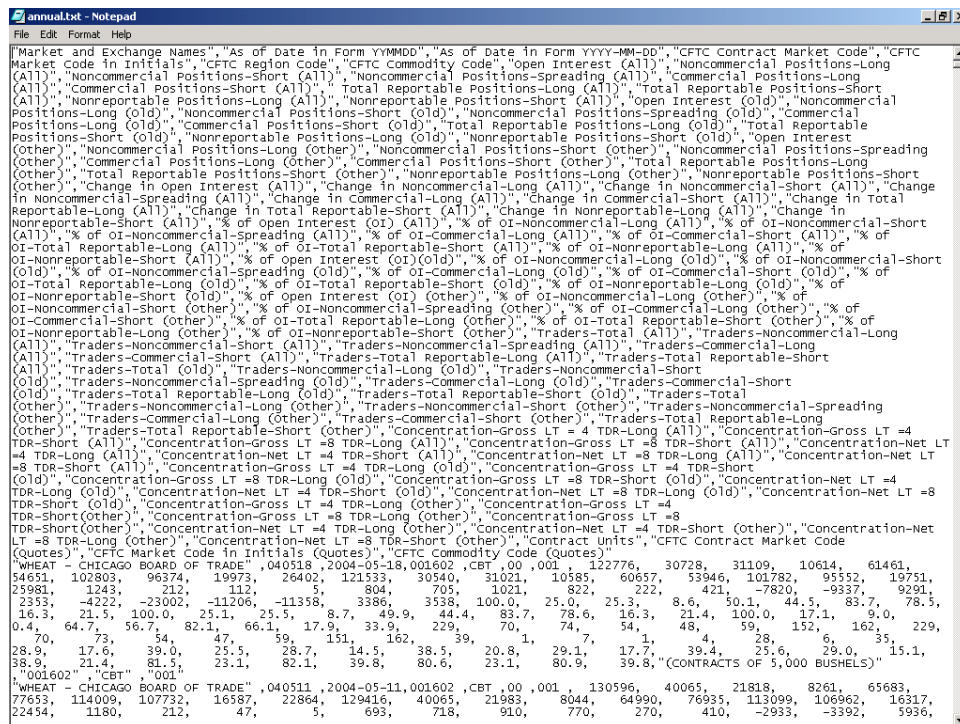
A very short lived File Download dialogue box will appear followed immediately by a Save As dialogue box. Click on the Save button to save the compressed file to your local C drive. (In this example, I am saving the file to a folder called “COT” on my C drive.)



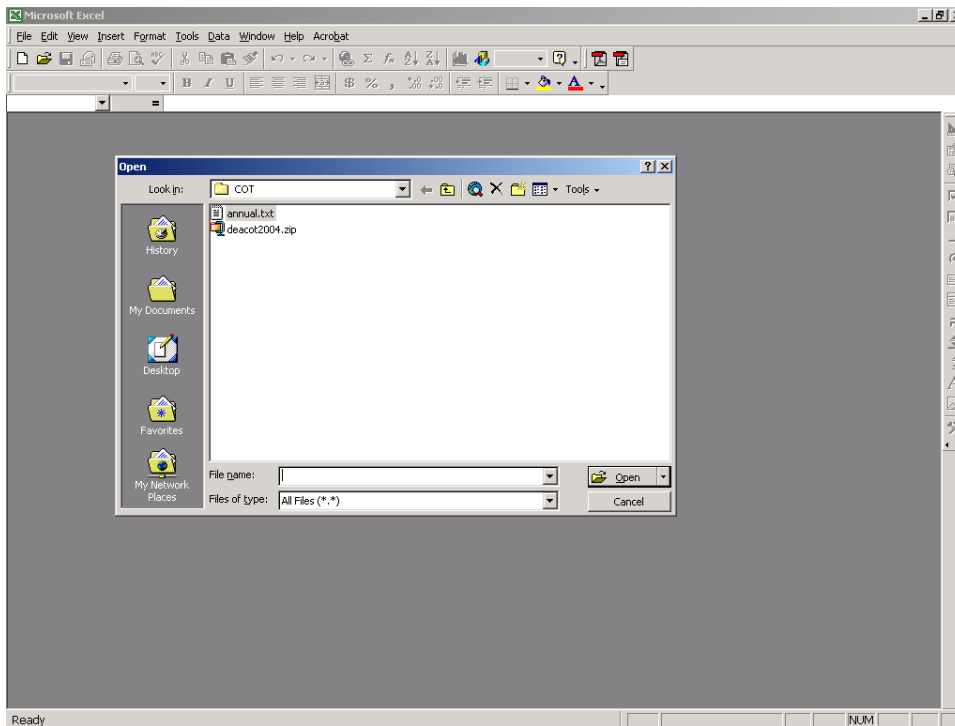
Go to your C drive and double-click on the file you just saved. A Winzip dialogue box will appear with the file listed.



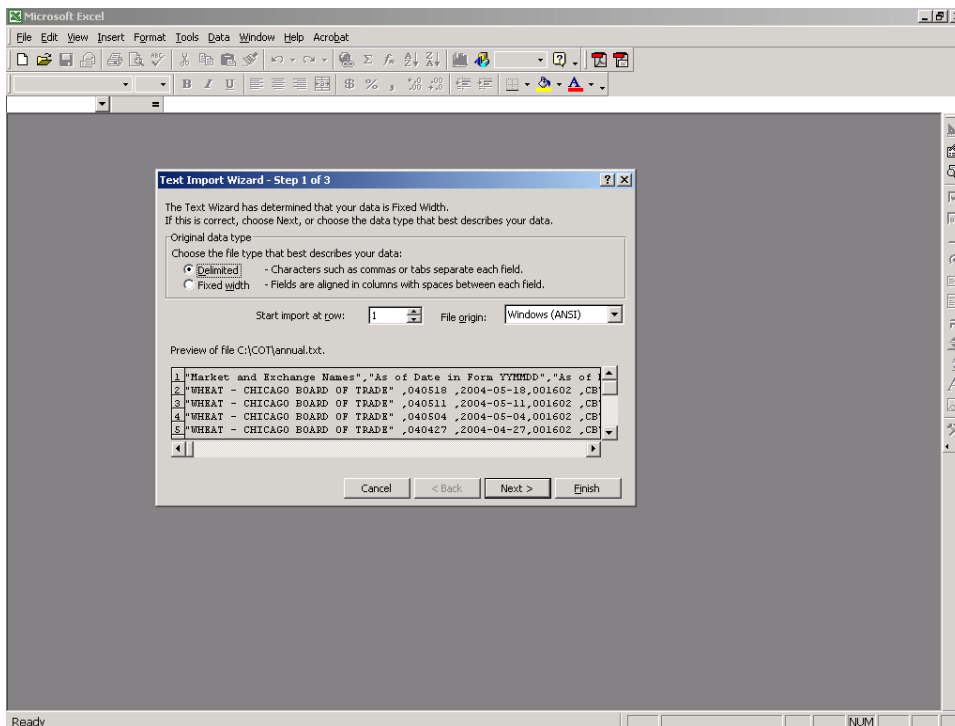
To view the full text file immediately, double-click on the file name in the WinZip dialogue box. The full text file will display. You can save the full text file to your local drive by clicking on File → Save As from the menu.



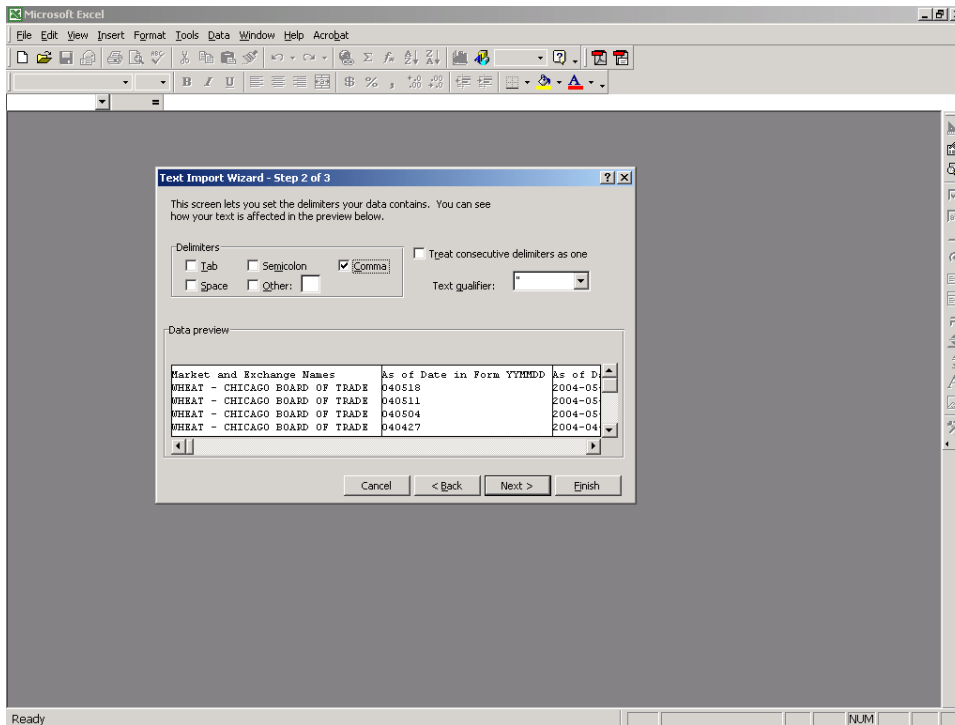
This comma delimited text file can be opened in a Microsoft Excel spreadsheet. Open up Excel, click on File → Open, and locate your file. Make sure that Files of type: All Files (*.*) is selected.



Click on Open and a Text Import Wizard dialogue box appears. Click on the Delimited option and click the Next button.



On the next dialogue box that appears, make sure 'Comma' is selected as the delimiter. Click on the Finish button. (The third Wizard step is not needed.)



You now see the file in Excel format. This file can also be saved to you local drive.

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O
Market and Exchange Names	As of Date	As of Date	CFTC Con	CFTC Mar	CFTC Reg	CFTC Corr	Open Inter	Noncomm	Noncomm	Noncomm	Commerci	Commerci	Total Rep	Total Rep
1 WHEAT - CHICAGO BOARD OF TRADE	040518	5/18/2004	1602	CBT	0	1	122776	30728	31109	10614	61461	54651	102803	96374
2 WHEAT - CHICAGO BOARD OF TRADE	040511	5/11/2004	1602	CBT	0	1	130596	40065	21818	6261	65683	77653	114009	107732
3 WHEAT - CHICAGO BOARD OF TRADE	040504	5/4/2004	1602	CBT	0	1	133529	43457	15862	6865	66462	89013	116784	111769
4 WHEAT - CHICAGO BOARD OF TRADE	040427	4/27/2004	1602	CBT	0	1	141159	41222	18846	10548	68594	86697	120364	118091
5 WHEAT - CHICAGO BOARD OF TRADE	040420	4/20/2004	1602	CBT	0	1	151261	47261	16400	12491	67104	96427	126956	125316
6 WHEAT - CHICAGO BOARD OF TRADE	040412	4/12/2004	1602	CBT	0	1	171462	57605	16030	20753	65384	106795	143742	143576
7 WHEAT - CHICAGO BOARD OF TRADE	040406	4/6/2004	1602	CBT	0	1	172453	56834	17743	22046	67106	106114	145986	145903
8 WHEAT - CHICAGO BOARD OF TRADE	040330	3/30/2004	1602	CBT	0	1	167543	58215	16123	20562	63654	108696	142431	145583
9 WHEAT - CHICAGO BOARD OF TRADE	040323	3/23/2004	1602	CBT	0	1	157534	52261	16085	17806	63555	100288	133622	134179
10 WHEAT - CHICAGO BOARD OF TRADE	040316	3/16/2004	1602	CBT	0	1	131031	34954	29456	9805	62904	69724	107663	106969
11 WHEAT - CHICAGO BOARD OF TRADE	040309	3/9/2004	1602	CBT	0	1	126808	36693	22434	9137	57413	73530	103243	105101
12 WHEAT - CHICAGO BOARD OF TRADE	040302	3/2/2004	1602	CBT	0	1	126917	43469	14476	8629	53853	82642	105951	105747
13 WHEAT - CHICAGO BOARD OF TRADE	040224	2/24/2004	1602	CBT	0	1	135792	44648	15471	13167	56686	86089	114501	114747
14 WHEAT - CHICAGO BOARD OF TRADE	040217	2/17/2004	1602	CBT	0	1	142664	43256	20652	11925	59748	85067	114529	117644
15 WHEAT - CHICAGO BOARD OF TRADE	040210	2/10/2004	1602	CBT	0	1	137700	45326	18109	10518	57916	88175	113760	116902
16 WHEAT - CHICAGO BOARD OF TRADE	040203	2/3/2004	1602	CBT	0	1	134517	43023	17856	10667	54420	81579	108110	110102
17 WHEAT - CHICAGO BOARD OF TRADE	040127	1/27/2004	1602	CBT	0	1	136392	45615	17480	9449	52722	86647	107786	113576
18 WHEAT - CHICAGO BOARD OF TRADE	040120	1/20/2004	1602	CBT	0	1	139672	52307	16964	9219	53021	89487	114547	115570
19 WHEAT - CHICAGO BOARD OF TRADE	040113	1/13/2004	1602	CBT	0	1	134966	44894	19061	10422	49424	78532	104740	108019
20 WHEAT - CHICAGO BOARD OF TRADE	040106	1/6/2004	1602	CBT	0	1	116310	42650	18034	8654	42293	68100	93497	94768
21 WHEAT - CHICAGO BOARD OF TRADE	040518	5/18/2004	1612	KCBT	0	1	57050	16735	2734	2261	26263	36985	45279	43980
22 WHEAT - CHICAGO BOARD OF TRADE	040511	5/11/2004	1612	KCBT	0	1	61608	20711	2076	2163	24762	43862	47656	4812
23 WHEAT - CHICAGO BOARD OF TRADE	040504	5/4/2004	1612	KCBT	0	1	57771	17506	2261	1689	25181	40673	44356	44603
24 WHEAT - CHICAGO BOARD OF TRADE	040427	4/27/2004	1612	KCBT	0	1	59790	16052	2610	2010	29659	42499	47721	47113
25 WHEAT - CHICAGO BOARD OF TRADE	040420	4/20/2004	1612	KCBT	0	1	64078	16885	3154	2600	31391	46148	50876	51902
26 WHEAT - CHICAGO BOARD OF TRADE	040412	4/12/2004	1612	KCBT	0	1	70015	18351	3177	3275	32021	47784	53647	54236
27 WHEAT - CHICAGO BOARD OF TRADE	040406	4/6/2004	1612	KCBT	0	1	71609	17725	3007	4639	31779	46978	54143	54624
28 WHEAT - CHICAGO BOARD OF TRADE	040330	3/30/2004	1612	KCBT	0	1	66212	18125	2309	4296	30235	46227	52656	53432
29 WHEAT - CHICAGO BOARD OF TRADE	040323	3/23/2004	1612	KCBT	0	1	62723	17816	1863	3509	27928	44519	49252	49889
30 WHEAT - CHICAGO BOARD OF TRADE	040316	3/16/2004	1612	KCBT	0	1	60078	11240	8375	3552	34303	34564	49095	4648
31 WHEAT - CHICAGO BOARD OF TRADE	040309	3/9/2004	1612	KCBT	0	1	59040	11485	7136	2533	34062	36076	48080	46745
32 WHEAT - CHICAGO BOARD OF TRADE	040302	3/2/2004	1612	KCBT	0	1	57529	12428	4733	2637	30664	37930	45729	45300
33 WHEAT - CHICAGO BOARD OF TRADE	040224	2/24/2004	1612	KCBT	0	1	58876	13716	3794	2956	30407	41586	47079	48336
34 WHEAT - CHICAGO BOARD OF TRADE	040217	2/17/2004	1612	KCBT	0	1	65099	14253	3926	3022	32629	43640	49804	50588
35 WHEAT - CHICAGO BOARD OF TRADE	040210	2/10/2004	1612	KCBT	0	1	65357	14437	4190	3160	33465	45004	50520	51230